

Lesson 1: What Are Gender Stereotypes?

Objective: Students will be able to explain what gender stereotypes are and how they can be harmful.

Overview

As you learned in the introduction to this lesson set, gender stereotypes are specific ideas about how boys and girls should look, dress and act. Did you know that gender stereotypes can actually be dangerous to your health? In this article, you will learn about a study that revealed some interesting findings about how gender stereotypes affect kids. You will also consider how the article connects to your own experiences with gender stereotypes.

Comprehension Questions

- What are gender stereotypes, and how can they be harmful?
- How have you experienced gender stereotypes in your own life?

Part 1: Activate Background Knowledge



Directions:

Write out your answer to the questions below.

1. What is one gender stereotype that you have seen or experienced in your own life?
(Example: All girls like to wear pink.)

2. What is the impact of this stereotype? How could it be harmful to girls, boys, or all people?



Part 2: Read and Respond

Directions: After reading the article about gender stereotypes, fill in the information below.

Gender stereotype from the article	How could this be harmful to girls, boys, or all people?